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I. Power as a dimension of the person (of self)

1. Part of existence

a) birth + death,

entering into power

Sanitization of power

b) power as part of process of life

(throughout the life-cycle)

continuous conflict between power

+ powerlessness

c) power or powerlessness

depending on soc/econ/pol. conditions

d) danger of total powerlessness

apathy → violence

irrelevance of being, utility of existence → madness

e) danger of subtle forms of the basic conflict

- devious ways

- "influence"

- "criticism"

2. Awareness of self as power

a) power of being

(- cry of the born child

- stages of becoming adult

(when the child is not acknowledged
she withdraws... she "says"
that she is not allowed to be)

- human body, if it is not a lived
body, has no ^{way} way but for such
disturbance

b) self-assertiveness / self-determination

- gerund ~~and~~ ^{of} ~~end~~ affirmation of

one's own presence

- throughout all events of life,
assertiveness of one's own self

- explicit definition of one's
social territory

- in face of power of others,
necessary effort to overcome
obstacles

- to assure power to one's own
stands + arguments



c) aggression

not assertiveness ~~enough more~~
but physical act of occupying ~~in~~
the territory of the other (brothers)

d) violence

in cases when assertiveness of
self has been broken, psychotic
assertiveness through violence

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3. Power in inter-personal relationships

a) dimension of all relationships

(to link with domestic violence)

b) power of exploitation

- to use the other as an instrument, making of him an object (slavery...)
- (exercised by those who ~~feel~~ rejected) ^{porn}

c) power of manipulation

- power over other people to make them conform with a design they know nothing about
- often unconscious, fruit of desire "to influence" towards some "obvious good"
- (determined by anxiety of person herself)

d) competitive power

- against the other
- not by merit but by demerit (polls)
- mechanism that leads to reduce the community size

e) protective power

- power for others

(education, family, politics, religion)



f.) integrative power

- power with others

• team spirit

• solidarity of goals + means

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4. Power in relation with the world

a) in relation to nature

- object of aggression + violence
- expression of possible exploitation
- frame: ~~relation to nature~~
indicates type of rel/ to society.

b) in relation to society as a constituted body

- cumulative effect of many diversified attitudes of integrals of power in the personality (cannibalism)
 - problems of self-awareness which were not solved
 - relationships not solved + changed in functions
- disseminated power in society
 - everything <> into a desire ...
 - deambulatory power
 - in cult. inst.
 - in special moments of history
 - in persons + functions
 - institutions as source of power

II. Three branches of power in the social body

1. To have as power

a) status given by having

- accumulation of wealth, goods

- concentration quality

b) institutionalization of having

in social struct.

- who gets what?
(power econ. / cienc.)

c) The age of innocence :

power of a society based on having

d) economy as system of power

e) globaliza/^{Fundação Cuidar o Futuro} of economies

f) "virtual power" of speculation]

g) econ. as power determining
cons.-patterns

2. To Know as power

- a) knowledge at the root of all powers
(to ignore as excuse)
- b) technical knowledge
as competitive + manipulative power
(humanist knowledge
as technical)
- c) a hyper-symbolic universe
(without end of the
universe of representals)?
- d) power of fundação da cultura
- e) power of informalized language

3. Political power

a) it should be a power for protection

b) has same features as other powers

- it actually has same mistakes
- " " is not specially un-clear

c) Specificities

- public
- dominated by winner-loser paradigm
- articulated with personal politics
Fundação Caiado everyone
- 2 ways:
 - power over - -
 - power for - -

d) paradoxes + contradictions

e) mechanisms of political power

- 9 qualities → to design ~~and live~~ ~~and live~~ life
 - education & the home
 - open for ~~the world~~ → all kinds of things
 - to promote values
 - peace
 - give up privileges
 - empathy towards others
 - peaceful + fair relations
 - a personal & global → world change